Served Daily: Assorted Fruit, Fruit Juice, Assorted Milk

# PHS November 2026 Menu

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|---|---|---|---|---|---|
| | BREAKFAST<br>French Toast Sticks<br>Sausage Patty<br>Assorted Cereal<br>Yogurt Parfait<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Syrup | BREAKFAST<br>Pancakes<br>Frudel<br>Yogurt Parfait<br>Sausage Patty<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Syrup | BREAKFAST<br>Chicken Patty Biscuit<br>Assorted Cereal<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Jelly | BREAKFAST<br>Banana Bread Loaf<br>Mini Cinnis<br>Yogurt Parfait<br>Bacon<br>Fruit/Fruit Juice<br>Assorted Milk<br>Syrup | BREAKFAST<br>Sausage Biscuit<br>Assorted Cereal<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Jelly |
| **Lunch Nov 2-6** | Chicken and Sausage Gumbo (w/ Rice)<br>Cheeseburger<br>Fruit and Yogurt<br>Potato Salad<br>Green Beans<br>Crackers<br>Condiments | Chicken Tenders<br>Ham/Cheese on Bun<br>Chef Salad<br>Mashed Potatoes<br>Baked Beans<br>Roll/ Crackers<br>Condiments | Chicken Alfredo<br>Soft Beef Taco<br>Chicken Tender Salad<br>Mixed Vegetables<br>Tossed Salad<br>Crackers/ Salad Dressing<br>Condiments<br>Cookie/ Roll | Chicken Fajita Wraps<br>Steak Fingers<br>Chef Salad<br>Refried Beans<br>Corn<br>Condiments<br>Crackers/ Roll/ Cookie | Mexican Pizza<br>Meatball Marinara Hoagie<br>Chicken Salad<br>French Fries<br>Broccoli Salad<br>Condiments<br>Crackers |
| **Lunch Nov 9-13** | Beef A Roni<br>Fish Sticks<br>Fruit and Yogurt Plate<br>Green Peas<br>Yam Patty<br>Texas Toast<br>Condiments | Chicken Tenders<br>Turkey and Cheese on Kaiser<br>Chef Salad<br>Lima Beans<br>Tossed Salad w/ Dressing<br>Roll<br>Condiments | Taco Soup<br>Patty Melt<br>Chicken Tender Salad<br>Green Beans<br>Black-Eyed Peas<br>Crackers/ Salad Dressing<br>Condiments | Seasoned Baked Chicken<br>Chili Dogs<br>Grilled Chicken Salad<br>French Fries<br>Broccoli w/ Cheese<br>Crackers/ Salad Dressing<br>Condiments | Hamburger Steak<br>Pulled Pork Sandwich<br>Tuna Salad<br>Mashed Potatoes<br>Coleslaw<br>Roll<br>Cookie |
| **Lunch Nov 16-20** | Calzone<br>Spicy Chicken Sandwich<br>Fruit and Yogurt Plate<br>Sweet Potato Fries<br>Green Beans<br>Condiments<br>Cookie | Chicken Tenders<br>Ham and Cheese Wrap<br>Chef Salad<br>Mashed Potatoes<br>Green Peas<br>Roll<br>Condiments | Red Beans and Rice<br>Hamburger<br>French Fries<br>Baked Beans<br>Condiments<br>Biscuit | Thanksgiving Meal | Pizza<br>Cheesy Broccoli<br>Corn<br>Cookie |
| **Lunch Nov 30, Dec 1-4** | Cheesy Chicken over Rice<br>American Sub<br>Fruit and Yogurt Plate<br>Lima Beans<br>Carrots<br>Roll<br>Condiments | Chicken Tenders<br>BBQ Rib Sandwich<br>Chef Salad<br>Mashed Potatoes<br>California Vegetables<br>Roll/ Crackers<br>Condiments, Salad Dressing | Spaghetti and Meatsauce<br>Cheesy Hot Chicken Bites<br>Chicken Tender Salad<br>Green Beans<br>Squash<br>Texas Toast<br>Salad Dressing/ Crackers<br>Cookie | Nacho's Grande<br>Corn Dog Nuggets<br>Chef Salad<br>Corn<br>Tossed Salad<br>Condiments<br>Salad Dressing/ Crackers | Pepperoni Pizza<br>Breaded Chicken Sandwich<br>Tuna Salad<br>Peas and Carrots<br>Field Peas<br>Condiments<br>Cookie |

**This institution is an equal opportunity provider**
**Menu is subject to change.**