

PHS October 2026 Menu

	<u>BREAKFAST</u> French Toast Sticks Sausage Patty Assorted Cereal Yogurt Parfait Grits Fruit/ Fruit Juice Assorted Milk Syrup	<u>BREAKFAST</u> Pancakes Frudel Yogurt Parfait Sausage Patty Fruit/ Fruit Juice Assorted Milk Syrup	<u>BREAKFAST</u> Chicken Patty Biscuit Assorted Cereal Grits Fruit/ Fruit Juice Assorted Milk Jelly	<u>BREAKFAST</u> Banana Bread Loaf Mini Cinnis Yogurt Parfait Bacon Fruit/Fruit Juice Assorted Milk Syrup	<u>BREAKFAST</u> Sausage Biscuit Assorted Cereal Grits Fruit/ Fruit Juice Assorted Milk Jelly
Lunch Oct 5-9	Chicken and Sausage Jambayla Cheeseburger Fruit and Yogurt French Fries Baked Beans Roll Condiments	Chicken Tenders Ham/Cheese on Bun Chef Salad Mashed Potatoes Green Beans Roll/ Crackers Condiments	Chicken Alfredo Soft Beef Taco Chicken Tender Salad Mixed Vegetables Tossed Salad Crackers/ Salad Dressing Condiments Cookie/ Roll	Chicken Fajita Wraps Steak Fingers Chef Salad Refried Beans Corn Condiments Crackers/ Roll/ Cookie	Mexican Pizza Meatball Marinara Hoagie Chicken Salad French Fries Broccoli Salad Condiments Crackers
Lunch Oct 12-16	Beef A Roni Fish Sticks Fruit and Yogurt Plate Green Peas Yam Patty Texas Toast Condiments	Chicken Tenders Turkey and Cheese on Kaiser Chef Salad Lima Beans Tossed Salad w/ Dressing Roll Condiments	Chicken Spaghetti Patty Melt Chicken Tender Salad Green Beans Black-Eyed Peas Texas Toast Crackers/ Salad Dressing Condiments	Seasoned Baked Chicken Chili Dogs Grilled Chicken Salad French Fries Broccoli w/ Cheese Crackers/ Salad Dressing Condiments	Hamburger Steak Pulled Pork Sandwich Tuna Salad Mashed Potatoes Coleslaw Roll Cookie
Lunch Oct 19-23	Calzone Spicy Chicken Sandwich Fruit and Yogurt Plate Sweet Potato Fries Green Beans Condiments Cookie	Chicken Tenders Ham and Cheese Wrap Chef Salad Mashed Potatoes Green Peas Roll Condiments	Red Beans and Rice Hamburger Chicken Fajita Salad French Fries Baked Beans Salad Dressing Condiments Biscuit	Mandarin Chicken w/ Rice Philly Cheesesteak Hoagie Chef Salad Corn Steamed Carrots Crackers/ Roll Salad Dressing	Chicken Quesadilla Sloppy Joe Chicken Salad w/ Crackers Tossed Salad Refried Beans Salad Dressing Blueberry Crumble
Lunch Oct 26-30	Cheesy Chicken over Rice American Sub Fruit and Yogurt Plate Lima Beans Carrots Roll Condiments	Chicken Tenders BBQ Rib Sandwich Chef Salad Mashed Potatoes California Vegetables Roll/ Crackers Condiments, Salad Dressing	Spaghetti and Meatsauce Cheesy Hot Chicken Bites Chicken Tender Salad Green Beans Squash Texas Toast Salad Dressing/ Crackers Cookie	Nacho's Grande Corn Dog Nuggets Chef Salad Corn Tossed Salad Condiments Salad Dressing/ Crackers	Pepperoni Pizza Breaded Chicken Sandwich Tuna Salad Peas and Carrots Field Peas Condiments Cookie

**This institution is an equal opportunity provider
Menu is subject to change.**