

MSP October 2026 Menu

	<u>BREAKFAST</u> Pancake on a Stick Cereal/Pop-Tart Grits Fruit/ Fruit Juice Assorted Milk	<u>BREAKFAST</u> Sausage Biscuit Muffin/Yogurt Grits Fruit/ Fruit Juice Assorted Milk Jelly	<u>BREAKFAST</u> French Toast Sticks Ham Cereal/ Pop-Tart Grits Fruit/ Fruit Juice Assorted Milk	<u>BREAKFAST</u> Pancakes Sausage Muffin/Yogurt Grits Fruit/ Fruit Juice Assorted Milk	<u>BREAKFAST</u> Sausage and Biscuit Cereal/Pop-Tart Grits Fruit/ Fruit Juice Assorted Milk Jelly
Lunch Oct 5-9	Cheeseburger Fruit and Yogurt Plate French Fries Baked Beans Fruit/ Fruit Juice Assorted Milk Condiments	Chicken Tenders Ham and Cheese on Bun Mashed Potatoes Green Beans Roll Fruit/ Fruit Juice Assorted Milk Condiments	Beef Taco Chicken Tender Salad Mixed Vegetables Tossed Salad Fruit/ Fruit Juice Assorted Milk Crackers/ Salad Dressing Condiments	Chicken Fajita Wraps Chef Salad Refried Beans Corn Fruit/ Fruit Juice Assorted Milk Condiments	Mexican Pizza Meatball Marinara Hoagie French Fries Broccoli Salad Fruit/ Fruit Juice Assorted Milk Condiments Cookie
Lunch Oct 12-16	Chicken and Sausage Jambalaya Fruit and Yogurt Plate Green Peas Yam Patty Roll Fruit/ Fruit Juice Assorted Milk	Chicken Tenders Tuna Salad in Tomato Lima Beans Tossed Salad w/ Dressing Roll Fruit/ Fruit Juice Assorted Milk Condiments	Chicken Spaghetti Chef Salad Green Beans Black-Eyed Peas Texas Toast Fruit/ Fruit Juice Assorted Milk Crackers/ Salad Dressing	Chili Dogs Chef Salad French Fries Broccoli w/ Cheese Fruit/ Fruit Juice Assorted Milk Crackers/ Salad Dressing Condiments	Hamburger Steak Pulled Pork Sandwich Mashed Potatoes Coleslaw Roll Fruit/ Fruit Juice Assorted Milk
Lunch Oct 19-23	Spicy Chicken Sandwich Fruit and Yogurt Plate Sweet Potato Fries Green Beans Fruit/ Fruit Juice Assorted Milk Condiments	Chicken Tenders Ham and Cheese Wrap Mashed Potatoes Green Peas Roll Fruit/ Fruit Juice Assorted Milk Condiments	Hamburger Chicken Fajita Salad French Fries Baked Beans Fruit/ Fruit Juice Assorted Milk Salad Dressing Condiments	Mandarin Chicken Chef Salad Corn Steamed Carrots Fruit/ Fruit Juice Assorted Milk Crackers/ Roll Salad Dressing	Pepperoni Pizza Chicken Salad w/ Crackers Tossed Salad Field Peas Fruit/ Fruit Juice Assorted Milk Salad Dressing Blueberry Crumble
Lunch Oct 26-30	Cheesy Chicken over Rice Fruit and Yogurt Plate Lima Beans Carrots Roll Fruit/Fruit Juice Assorted Milk	Chicken Tenders Corn Dog Nuggets Mashed Potatoes California Vegetables Roll Fruit/ Fruit Juice Assorted Milk Condiments	Spaghetti and Meatsauce Chef Salad Green Beans Squash Fruit/ Fruit Juice Assorted Milk Texas Toast Salad Dressing/ Crackers	Nacho's Grande Breaded Chicken Sandwich Corn Tossed Salad Fruit/ Fruit Juice Assorted Milk Condiments	Chicken Quesadilla Chef Salad Peas and Carrots Refried Beans Fruit/ Fruit Juice Assorted Milk Condiments/ Crackers

**This institution is an equal opportunity provider
Menu is subject to change.**