

# PHS August 2026 Menu

|                            |                                                                                                                                                        |                                                                                                                                               |                                                                                                                                                           |                                                                                                                                               |                                                                                                                                 |
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|                            | <u>BREAKFAST</u><br>French Toast Sticks<br>Sausage Patty<br>Assorted Cereal<br>Yogurt Parfait<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Syrup | <u>BREAKFAST</u><br>Pancakes<br>Frudel<br>Yogurt Parfait<br>Sausage Patty<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Syrup                     | <u>BREAKFAST</u><br>Chicken Patty Biscuit<br>Assorted Cereal<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Jelly                                     | <u>BREAKFAST</u><br>Banana Bread Loaf<br>Mini Cinnis<br>Yogurt Parfait<br>Bacon<br>Fruit/Fruit Juice<br>Assorted Milk<br>Syrup                | <u>BREAKFAST</u><br>Sausage Biscuit<br>Assorted Cereal<br>Grits<br>Fruit/ Fruit Juice<br>Assorted Milk<br>Jelly                 |
| <b>Lunch<br/>Aug 3-7</b>   | Chicken and Sausage<br>Jambayla<br>Cheeseburger<br>Fruit and Yogurt<br>French Fries<br>Baked Beans<br>Roll<br>Condiments                               | Chicken Tenders<br>Ham/Cheese on Bun<br>Chef Salad<br>Mashed Potatoes<br>Green Beans<br>Roll/ Crackers<br>Condiments                          | Chicken Alfredo<br>Soft Beef Taco<br>Chicken Tender Salad<br>Mixed Vegetables<br>Tossed Salad<br>Crackers/ Salad Dressing<br>Condiments<br>Cookie/ Roll   | Chicken Fajita Wraps<br>Steak Fingers<br>Chef Salad<br>Refried Beans<br>Mashed Potatoes<br>Condiments<br>Crackers/ Roll/ Cookie               | Mexican Pizza<br>Meatball Marinara Hoagie<br>Chicken Salad<br>French Fries<br>Broccoli Salad<br>Condiments<br>Crackers          |
| <b>Lunch<br/>Aug 10-14</b> | Beef A Roni<br>Fish Sticks<br>Fruit and Yogurt Plate<br>Green Peas<br>Yam Patty<br>Texas Toast<br>Condiments                                           | Chicken Tenders<br>Turkey and Cheese on Kaiser<br>Chef Salad<br>Lima Beans<br>Tossed Salad w/ Dressing<br>Roll<br>Condiments                  | Chicken Spaghetti<br>Patty Melt<br>Chicken Tender Salad<br>Green Beans<br>Black-Eyed Peas<br>Texas Toast<br>Crackers/ Salad Dressing<br>Condiments        | Seasoned Baked Chicken<br>Chili Dogs<br>Grilled Chicken Salad<br>French Fries<br>Broccoli w/ Cheese<br>Crackers/ Salad Dressing<br>Condiments | Hamburger Steak<br>Pulled Pork Sandwich<br>Tuna Salad<br>Mashed Potatoes<br>Coleslaw<br>Roll<br>Cookie                          |
| <b>Lunch<br/>Aug 17-21</b> | Calzone<br>Spicy Chicken Sandwich<br>Fruit and Yogurt Plate<br>Sweet Potato Fries<br>Green Beans<br>Condiments<br>Cookie                               | Chicken Tenders<br>Ham and Cheese Wrap<br>Chef Salad<br>Mashed Potatoes<br>Green Peas<br>Roll<br>Condiments                                   | Red Beans and Rice<br>Hamburger<br>Chicken Fajita Salad<br>French Fries<br>Baked Beans<br>Salad Dressing<br>Condiments<br>Biscuit                         | Mandarin Chicken w/ Rice<br>Philly Cheesesteak Hoagie<br>Chef Salad<br>Corn<br>Steamed Carrots<br>Crackers/ Roll<br>Salad Dressing            | Pepperoni Pizza<br>Sloppy Joe<br>Chicken Salad w/ Crackers<br>Tossed Salad<br>Field Peas<br>Salad Dressing<br>Blueberry Crumble |
| <b>Lunch<br/>Aug 24-28</b> | Cheesy Chicken over Rice<br>American Sub<br>Fruit and Yogurt Plate<br>Lima Beans<br>Carrots<br>Roll<br>Condiments                                      | Chicken Tenders<br>BBQ Rib Sandwich<br>Chef Salad<br>Mashed Potatoes<br>California Vegetables<br>Roll/ Crackers<br>Condiments, Salad Dressing | Spaghetti and Meatsauce<br>Cheesy Hot Chicken Bites<br>Chicken Tender Salad<br>Green Beans<br>Squash<br>Texas Toast<br>Salad Dressing/ Crackers<br>Cookie | Nacho's Grande<br>Corn Dog Nuggets<br>Chef Salad<br>Corn<br>Tossed Salad<br>Condiments<br>Salad Dressing/ Crackers                            | Chicken Quesadilla<br>Breaded Chicken Sandwich<br>Tuna Salad<br>Peas and Carrots<br>Refried Beans<br>Condiments<br>Cookie       |

**This institution is an equal opportunity provider  
Menu is subject to change.**