



SEPTEMBER 2023

Middle School of Poplarville

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

No School

4

Labor Day

Week 2

Hamburger
Fruit and Yogurt Plate
French Fries
Squash
Fruit/Fruit Juice
Assorted Milk
Mustard, Ketchup, Mayonnaise

11

Week 3

Cheesy Chicken over Rice
Fruit and Yogurt Plate
Yam Patty
Steamed Broccoli
Fruit/ Fruit Juice
Roll
Assorted Milk

18

Week 4

Cheeseburger
Fruit and Yogurt Plate
Baked Beans
French Fries
Fruit/ Fruit Juice
Assorted Milk
Mayonnaise, Mustard, Ketchup

25

Week 1

Chicken Tenders
Turkey and Cheese Hoagie
Broccoli Salad
Black-Eyed Peas
Fruit/ Fruit Juice
Roll
Mustard, Mayonnaise
Assorted Dipping Sauces, Ketchup

5

Steak Fingers
Turkey and Cheese Hoagie
Mashed Potatoes
California Vegetables
Fruit/ Fruit Juice
Assorted milk
Mayonnaise, Mustard, Ketchup
Roll

12

Chicken Tenders
Marinara Meatball Hoagie
Mashed Potatoes
Green Beans
Fruit/ Fruit Juice
Mayonnaise
Roll
Assorted Dipping Sauces, Ketchup
Assorted Milk

19

Taco Salad w/ Chips
Grilled Chicken Sandwich
Steamed Carrots
Seasoned Green Beans
Mayonnaise, Mustard, Ketchup
Fruit/Fruit Juice
Assorted Milk
Taco Sauce

26

Chicken Spaghetti
American Sub
Steamed Carrots
Lima Beans
Texas Toast
Fruit
Fruit Juice
Assorted Milk
Mustard, Mayonnaise

6

Pulled Pork Sandwich
Chef Salad
Tossed Salad w/ Dressing
Sweet Potato Fries
Fruit/ Fruit Juice
Assorted Milk
Croutons, Salad Dressing
Crackers, Ketchup

13

BBQ Rib Sandwich
Beef and Bean Burrito
Baked Beans
Corn
Fruit/ Fruit Juice
Assorted Milk
Mayonnaise, BBQ Sauce

20

Beef-a- Roni
Ham and Cheese on Bun
Cheesy Broccoli
Green Peas
Fruit/ Fruit Juice
Roll
Assorted Milk
Mayonnaise, Mustard

27

Hamburger Steak w/ Gravy
Chef Salad w/ Dressing
Tossed Salad w/ Dressing
Mashed Potatoes
Fruit/Fruit Juice
Roll
Assorted Milk
Crackers

7

Chicken Fajita
Ham and Cheese Hoagie
Corn
Peas and Carrots
Fruit/ Fruit Juice
Assorted milk
Mayonnaise, Mustard
Salsa, Sour Cream

14

Lemon Pepper Chicken
Chef Salad
Crackers/ Croutons
Steamed Carrots
Tossed Salad w/ Dressing
Roll
Fruit/ Fruit Juice
Assorted Milk

21

Corn Dog Nuggets
BBQ Pork Sandwich
Carrots w/ Dip
Mixed Vegetables
Fruit/ Fruit Juice
Assorted Milk
BBQ Sauce, Mayonnaise
Mustard, Ketchup

28

Pepperoni Pizza
Tuna Salad Salad
French Fries
Tossed Salad w/ Dressing
Saltine Crackers
Fruit/ Fruit Juice
Assorted Milk
Cookie

1

Soft Beef Taco
Fish Sandwich
Corn
Green Beans
Fruit/Fruit Juice
Assorted Milk
Sugar Cookie
Mayonnaise, Tartar Sauce

8

Stuffed Crust Pizza
Fish Nuggets
Coleslaw
Green Beans
Fruit/ Fruit Juice
Assorted Milk
Roll
Ketchup, Tartar Sauce

15

Mexican Pizza
Chicken Salad Salad
Crackers/ Croutons
French Fries
Mixed Vegetables
Fruit/ Fruit Juice
Ketchup
Sugar Cookie
Assorted Milk

22

Pepperoni Pizza
Tuna Salad Salad
French Fries
Tossed Salad w/ Dressing
Saltine Crackers
Fruit/ Fruit Juice
Assorted Milk
Cookie

29

This institution is an equal opportunity provider.
Menu is subject to change.