

## **SEPTEMBER 2023**

Poplarville High School

					<b>a</b>
	Monday	Tuesday	Wednesday	Thursday	Friday
					Biscuit and Sausage Cinnamon Rolls Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk
	No School 4 Labor Day	Pancakes w/ Syrup Pop Tarts Grits Bacon Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Ham Assorted Cereal Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk Jelly	French Toast Sticks w/ Syrup  Bacon Grits Pop Tarts Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Sausage Cinnamon Rolls Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk
7	French Toast Sticks w/ Syrup 1 Yogurt Parfait Pop Tart Grits Sausage Fruit/Fruit Juice Assorted Milk	Pancakes w/ Syrup Pop Tarts Grits Bacon Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Ham Assorted Cereal Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk Jelly	French Toast Sticks w/ Syrup 4  Bacon Grits Pop Tarts Yogurt Parfait Fruit Fruit Fruit Juice Assorted Milk	Biscuit and Sausage Cinnamon Rolls Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk
	French Toast Sticks w/ Syrup 8 Yogurt Parfait Pop Tart Grits Sausage Fruit/Fruit Juice Assorted Milk	Pancakes w/ Syrup Pop Tarts Grits Bacon Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Ham Assorted Cereal Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk Jelly	French Toast Sticks w/ Syruage Pacon Grits Pop Tarts Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Sausage Cinnamon Rolls Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk
	French Toast Sticks w/ Syru 25 Yogurt Parfait Pop Tart Grits Sausage Fruit/Fruit Juice Assorted Milk	Pancakes w/ Syrup Pop Tarts Grits Bacon Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Ham Assorted Cereal Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk Jelly	French Toast Sticks w/ Syru 28  Bacon Grits Pop Tarts Yogurt Parfait Fruit Fruit Juice Assorted Milk	Biscuit and Sausage Cinnamon Rolls Yogurt Parfait Grits Fruit Fruit Juice Assorted Milk